

GROUP TRAINING

Train in our brand new private
GETFIT CROSS TRAINING facility

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5.30am XFIT	5.30am XFIT	5.45am HIIT (30 mins)	5.30am RUN squad 6.45am XFIT	5.30am BOOTCAMP	7.00am XFIT
9.00am XFIT	9.00am XFIT	9.15am MUMSXFIT	9.00am XFIT	9.15am MUMSXFIT (Babysitting)	
5.30pm XFIT	5.30pm XFIT	5.30pm OPEN GYM *members or pass holders only 6.30pm RUN squad strength	5.30pm XFIT		
6.40pm yoga sports specific					

- All classes are suitable for beginners
- All classes are held at our GETFIT gym located at 2 Trinity Street, Paramatta Park (just down from Cairns Central)
- Bookings required for those attending MUMSXFIT with children

PAYMENT OPTIONS

DIRECT DEBIT:

\$55/week access to **ALL classes**
(includes body composition assessments)

\$45/week access to **3 classes/week**

\$35/week access to **2 classes/week**

\$200 10 Class Pass

\$20 Casual Single Class

FIRST CLASS FREE!

REAL training for REAL results, guaranteed!

BOOKINGS ESSENTIAL

Register and book online at
www.getfitpersonaltraining.com.au

getfit
RESULTS TRAINING